

# CERTIFICATE OF APPRECIATION

*This certificate is Proudly Presented to*

**Turdimuratov J.A.**

*For Publication of the Manuscript Entitled*

**METHODS OF TRAINING THE STRENGTH ABILITIES OF YOUNG ATHLETES**

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Impact factor: 2019: 4.679 2020: 5.015 2021: 5.436, 2022: 5.242, 2023: 6.995, 2024 7.75

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