

EVERY FAILURE IS A STEP TOWARD SUCCESS**Toshmurotova Nozima Shukhratovna**Samarkand State Institute of Foreign Languages, 1st year student

Falling...

Have you ever thought that although this word sounds negative to some people, it can actually help them achieve success?

Failure is not the end of life; in many cases, it becomes the first step toward success. Everyone faced obstacles while trying to achieve their goals. It is in this process that some segments of society easily give up, considering such situations as failure. In fact, it does not occur to our imagination that failure is an important key to success. Many people may ask why this is so. We cannot think negatively about this situation either. Because humanity has always wanted to achieve its goals quickly, to achieve their dreams without facing difficulties, without being tested by life's ups and downs. This is no secret to anyone. But on the other hand, if we easily achieve our goals, without experiencing any hardships, wouldn't we get used to an easy life? Can we learn to be prepared for the trials that come our way later?

Inspired by these questions, I decided to explore the essence of failure and share my reflections with you, my dears. The concept of failure has many meanings, and each person evaluates it according to his own frame of mind and life experience. Failure is an important factor that shows our weaknesses and encourages us to become stronger. Life does not continue in a constant rhythm, and a person does not always follow the right path. As long as a person lives, difficulties and trials become an integral part of his life. Most people give up when faced with difficulties. However, this is the wrong approach. Because when a person realizes his mistakes and draws the right conclusions from them, it becomes easier for him to move forward and work on himself. Failures harden a person and teach him to be resilient to trials. The important thing is that a person does not repeat the mistakes he made before and becomes stronger.

Every person faces difficulties in life. This process develops individuals both spiritually and intellectually. Failure tests human patience, determination, and ability to draw conclusions and learn from mistakes. At the same time, individuals discover their true strength and capabilities. For instance, while working toward a goal, they face various obstacles on this path and some may view these as failures and stop trying. However, those who have achieved true success accept these tests as experiences and lessons. Therefore, each failure is considered a process that increases a person's strength and serves his development. Many famous people in the world did not achieve their goals quickly. Their lives were full of hardships and tests. A vivid example of this is the world-famous American inventor and scientist Thomas Edison. We know that he invented the light bulb we use in our daily lives, yet we rarely consider the hardships behind this achievement. Thousands of his experiments ended in failure. But he never gave up and never tired of searching. He inspired not only himself, but also all of humanity by saying, "I have not failed, but I have found 10,000 ways that do not work." As you can see, this example can give a clear idea of how failure makes a person stronger and leads to success. In her study *Some Aspects of Success and Failure*, psychologist Beatrice Lantz highlights the direct impact of the experience of success and failure on people's mental state and thinking process. According to her, failure has a strong impact on a person's mental activity, prompting deep reflection and self-evaluation (Lantz, 1945).



Also, each person's personal experience is enriched by falling. Individuals first learn to understand their mistakes and benefit from them, which makes them more thorough and experienced. According to Dale Carnegie, failure is not the end of a person's life, but an important stage that leads him to wisdom and maturity (Carnegie, 1948). Difficulties and mistakes do not stop a person, but rather, they encourage us to work and gain new experiences. Therefore, it is a wrong idea to perceive failure as a defeat, and by learning from it and benefiting from it, a person can achieve true success. John C. Maxwell, in his work "Failing Forward: Turning Mistakes into Stepping Stones for Success" emphasizes that the attitude towards failure is one of the main differences between people. According to him, failure is not a stopping factor for a human being, but an important step towards success (Maxwell, 2007).

So, every fall does not stop a person, but on the contrary, makes him stronger. Through falling, individuals increase patience, determination and the ability to work on themselves. The life of every successful person shows that not giving up and moving forward with determination is the basis of any success. Falling develops a person not only personally, but also socially and psychologically. Through trials, people analyze their capabilities and develop new strategies, which prepare them for future success.

As we come to the end of our speech, let's summarize the concept of failure. Failure and setbacks are not negative situations in human life, but they are important factors that encourage individuals to grow. As we live in a life that is developing at every step, we usually encounter obstacles in achieving our goals. At such times, if we do not give up, draw conclusions from these trials, study and strive again, we will definitely succeed. The important thing is not to give up. As life goes on, we will face good and bad days. Never forget, dear ones, that how we build our future and set our lives on track depends on the decisions, steps and patience we take.

References:

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3. Maxwell. J. (2007), Failing Forward: Turning Mistakes into Stepping Stones for Success, HarperCollins Leadership.

