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PRESCRIPTIONS AND DRUGS

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Abstract: In this article, the characteristics of drugs, brief information about some types of drugs and their storage conditions, as well as comments on plants or their parts containing biologically active substances, used for the production and preparation of medicinal plant raw materials, are presented in this article. This article provides detailed information about prescriptions and drugs, their types, rules of use and precautions are discussed.

Key words: interpreting, language, prescription drugs, strong pain relievers (tramadol, morphine), allergic reactions.

Modern medicine and pharmaceuticals are of great importance in maintaining human health. Prescriptions and medicines recommended by doctors play a key role in the treatment of diseases. A prescription is a list of drugs prescribed by a doctor to a patient to treat or prevent a specific disease. Medicines affect the body and perform various functions, such as relieving the symptoms of the disease, reducing inflammation or increasing immunity.

Prescriptions and Types of Medicines

Prescriptions and medicines are divided into different categories. Basically, there are the following types of drugs:

1. Prescription drugs

Such drugs can be obtained on the basis of a prescription written by a doctor. They are usually powerful and can cause side effects if used incorrectly. For example:

Antibiotics (penicillin, amoxicillin)

Strong pain relievers (tramadol, morphine)

Heart drugs (nitroglycerin, betalok)

2. Over-the-counter drugs

These drugs are sold freely in pharmacies and do not require a doctor's prescription to buy them. They are usually used to treat mild illnesses or to reduce symptoms. For example: Paracetamol and ibuprofen (antipyretic and pain reliever), vitamins and minerals, allergy drugs (loratadine, cetirizine)

3. Herbal medicines and natural remedies

Medicines made from natural plants have been used since ancient times and are still popular. For example: Herbal teas (rhubarb, ginger, peppermint), Honey and lemon (against flatulence), Spices (ginger, turmeric - anti-inflammatory)

Rules for taking medicines correctly

Incorrect use of drugs can lead to harmful consequences. It is important to observe the following rules:

1. Strict adherence to doctor's recommendations - Prescription drugs should be taken only in prescribed doses.

2. Read the instructions for the medication - Each medication comes with an instruction manual that explains how to use it and possible side effects.

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3. Adhere to the time of taking medicines - Some medicines should be taken before meals and some after meals.
4. Do not mix drugs with other substances - Drinks (such as alcohol) can alter or enhance the effects of some drugs.
5. Paying attention to storage conditions - Each drug has its own storage rules. For example, antibiotics can be stored in a cold place, and some drugs must be protected from sunlight.

Side Effects and Precautions of Drugs

Any drug, while having a positive effect on the human body, can also cause side effects in some cases.

1. Allergic reactions:

Some people may be allergic to drugs. For example, antibiotics can cause symptoms such as skin rashes, itching and swelling.

2. Gastrointestinal problems:

Some medications can cause diarrhea, constipation, or intestinal upset. In such cases, a doctor should be consulted.

3. Drowsiness and dizziness:

Some drugs (for example, antihistamines or sedatives) cause drowsiness and dizziness, so it is not recommended to drive a car while taking them.

4. Interaction of drugs:

When different drugs are taken together, their effect can change or increase. For example, mixing blood thinners with some antibiotics can be dangerous.

After knowing this information, I came to the conclusion that:

Prescriptions and medications play an important role in health care. It is important for everyone to take them correctly and follow the doctor's instructions. Natural remedies can also be used, but a specialist should be consulted before using any medicine or herb. It is important for human health to use medicines wisely and avoid overuse. Each of us can protect the health of ourselves and our loved ones by using medicines carefully.

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