

HISTORY OF TABLE TENNIS

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Abstract: This article discusses the history of the origin of table tennis, which is of great interest not only among our youth but also among our adults, and the work being carried out in our country on this sport.

Keywords: History of table tennis, "ping pong", Olympics sports , “Parker brazers ”, “ Aspiration for the Stars ” program, ITTF(international table tennis federation) International Table Tennis Federation .

Introduction

Table tennis history ten ninth century In England started , this closed playing tennis on the court for one method . First at the beginning books hammock such as used and hands with the ball or from the side cover hit . This of activity increasingly expanding going with toy company the idea they got and to play for wood racks working They came out . They the noise they increased and that's why It was called "ping pong" for . Later J. Jacques named English company goods sign register spent and from there other working issuers table They called it tennis . Time to pass with equipment changing , sports popularity whole in the world increasingly increasing is going on . The current at the time at least about 300 million people entertainment ping pong in the form of Plays since 1988 Table tennis Olympic sports in Seoul become passed .

Table tennis — small ball and rackets with on the table a sports game played in the East In Asia appearance was . More than 20 years ago to countries Originally " pingpong " (French pingpong - ball) racket and to the table in the crash outgoing voice) is called . Table tennis for , usually , table size 152.5x274.3 cm ; height 76 cm ; type 183x 15.25 cm will be . Wood racket on the face rubber plate covered . Ball white from plastic It is made of 37.2-38.2 mm in diameter and weighs 2.4-2.53 g. Home of the playground size 6–7 x 12–14 m. Official competitions in sports halls will be held . Also men and women — team to be , to be alone without and in pairs and mixture in pairs The game is played in 3 or 5 games . is played . From the players one 21 points If he collects , he wins. If the score is 20:20 if it remains , then from the players one 2 points more than until collected game continue The table is delivered . tennis International Federation (ITTF, 1926) organization (more than 130) national federation unites . Every 2 years since 1926 world first place held since 1988 Olympics games to the program included .

Also , South Africa is British. and India in the service was military initiative with the Great on December 12, 1911 In Britain table tennis to the association basis Military initially tennis ball , cigarette from cut bottle caps box and racket grid instead of books to the table They put it in 1900. From the USA arrived English James Gibb on celluloid balls creating table tennis development contribution This game is called “ping-pond” (from the table) . ball his voice reminder). This Gibb's himself/herself thinking They think they have found it , but this The

word was coined in 1901 by John Jack and his/her sons company by to deal with This company is included . officially register was held , and “Parker Brazers ” from America firm trade sign with table tennis sports equipment for working take out This game has been around since 1911 . that is table tennis association since it was made after popularized . Initially this game nobles amusement as played The rocket is also a pear. in the form of is longer was . From the 1920s starting table tennis associations In Europe and far in the east organization was made . From that after game rules international to the standard put taken and since 1927 In London Table tennis according to first world championship held .

Come on now In Uzbekistan table tennis development to the history look if we throw it away . In Uzbekistan Table tennis wide popularized . Uzbekistan championship and cup competitions regular passing will be raised . Uzbekistan Table tennis Federation 1993 To the ITTF member become entered . Uzbek Manzura Inoyatova , Saida Burhonkhodjayeva , Svetlana Geta world Championship (Doha , Qatar, March 2004) won 1st place and gold medals with They were awarded . with together Rare Burhonkhodjayeva , Madina Ayupova is also one how much international in tournaments winner Federation press to the service Therefore , this grant is part of ATTU's " Reach for the Stars " program . In Uzbekistan table tennis development , professional tennis tables buy to take aimed at regional development project for separated . Highlight yes , in Uzbekistan Olympic games sports , including table tennis tennis further popularization for the purpose effective affairs done is being increased . In this regard Uzbekistan all in the regions table tennis according to own skill increasing coming to athletes comfortable conditions creating is being given . This to the project allocated grant funds athletes in return for in circles world to the standards suitable sports equipment delivery This is given . project Professional table in Uzbekistan tennis players to educate service does .

In this place in our country table to tennis attention about stopped let's go , Last in years table to tennis interest our country youth between intensifying going our vision possible . Also table tennis of the young the most to your favorite sport This sport has become further popularization for what for attention focus Need it ? Indeed , the table tennis today our youth in the middle intense It is becoming more popular . popularization for our federation by effective affairs done First of all , the table tennis further develop for province sports facilities in the departments create necessary . In this regard currently supreme education institutions rectors with negotiations take is going on . Every in the province his/ her own base if , athlete Exercise 3-4 times a day as far as possible has will be .

Also , selection our development necessary . In the provinces experienced youth many . But them selection to do , to sort and to engage for funds are needed . Each province governors , businessmen help They need . financial help reason table tennis popular , talented athletes further increases . Currently we are in preschool. education in institutions table tennis circles open offer previously is pushing . Same in China . experience is used . Table tennis develop for again one road - Europe countries like clubs organization to grow If each province clubs developed , experienced to athletes joined our youth skill increases .

In this place In Uzbekistan Table tennis wide popular and Uzbekistan championship and cup competitions regular passing also said that it would be our passage permissible . Uzbekistan Table tennis Federation joined the ITTF in 1993 member become entered . Uzbek Manzura Inoyatova , Saida Burhonkhodjaeva , Svetlana Geta world Championship (Doha) city , Qatar , March 2004) took 1st place and won gold medals with They were awarded . with together Rare

Burhonkhojayeva , Madina Ayupova also one how much international in tournaments winner The league they shared both makes us happy and creates the basis for the broader development of this game.

Conclusion : Table tennis (ping-pong) at the end of the 19th century In England appearance It was originally a residence for aristocrats . between closed in the rooms big tennis player as played . Played . for simple books or boards racket as well as champagne wine caps or textile balls ball in place used . Later special rackets and celluloid balls appearance that 's it and the game further popularized in the early 20th century. table tennis official sport recognized as and international competitions pass started . Today on the day and that world on a scale from mass sports one is considered.This game especially children and teenagers between popular . Table tennis is played schools and camps , culture gardens and rest in the centers of the city . If the city in the yard game for table there is , then children's noisy voices and jumping standing of the ball call voice does not decrease , since morning until late this game everyone for open , everyone him/her to play possible - from age until old age .

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